
Halloween Punch

Sendik's Fine Foods

Internet Address: Access our online cookbook at www.sendiksfinefoods.com.

1 large can Hi-C orange drink
1 large can pineapple juice
1 large bottle ginger ale or 7-Up
1/2 gallon orange sherbet

Mix Hi-C, pineapple juice and ginger ale.

Spoon in orange sherbet.

Beverages

Per Serving (excluding unknown items): 2301 Calories; 31g Fat (11.7% calories from fat); 18g Protein; 504g Carbohydrate; trace Dietary Fiber; 77mg Cholesterol; 710mg Sodium. Exchanges: 2 1/2 Fruit; 4 1/2 Fat; 31 Other Carbohydrates.

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