

CHIPS & GUACAMOLE DIP

Ingredients:

- ¼ cup of fresh lime juice ¼ cup chopped red onion
- 1 tsp. kosher salt 4 whole ripe avocados
- ½ cup diced tomato
- ¼ cup chopped cilantro
- 1 jalapeno, seeded & diced
- Tortilla chips of choice & fresh vegetables for serving

Directions:

1. In a medium bowl, combine the fresh lime juice, onion and salt. Let it sit for 5 minutes. Halve the avocados lengthwise & remove the pits. Using a spoon, scrape the flesh of the avocados into a bowl with the lime juice and onion mixture. Using a masher, mash the avocados but leave them somewhat chunky. Next you can add tomatoes, cilantro & Jalapeno and stir all together.

Enjoy chips and fresh veggies!

